

IN BRIEF

Arts and crafts show set in Three Oaks

THREE OAKS — The Region of Three Oaks Museum will sponsor its annual Antiques and Craft Show from 9 a.m. to 5 p.m. Saturday on the front lawn of Three Oaks Elementary School, 100 Oak St.

This year's event will feature antiques, jewelry, plants, new and vintage linens and many other flea market finds. There also will be a bake sale.

The show will be on the same weekend as the U.S. 12 Heritage Trail garage sale, which runs from New Buffalo to Detroit.

Conductor Days on track at museum

NEW BUFFALO — Conductor Days at the New Buffalo Railroad Museum will provide an inside glimpse at trains, how they run and who runs them from 1 to 3 p.m. Saturday. The museum is at the historic Roundhouse complex at 530 S. Whittaker St., New Buffalo.

Pictures of many local railroad employees and the equipment they used will be on display along with current accounts from local residents. There will be games for kids and free ice cream.

More information is

available by emailing nbrm@hotmail.com.

Democratic Women's Club slate activities

The Berrien County Democratic Women's Club will not have a regular August meeting.

Group members will volunteer at the Democrats' booth at the Berrien County Youth Fair, which begins Monday. Call Cindy Miller at 927-2350 for information.

The group has also changed its meeting date from the fourth Wednesday of the month to the second Tuesday of each month. The next meeting will be Tuesday, Sept. 10, at the Maud Preston Palenske Memorial Library in St. Joseph.

Advocacy Center offers help for disabled

UNION PIER — Representatives of two organizations that help people with disabilities — Disability Network Southwest Michigan and Michigan Alliance for Families — will be at HELP for Southwest Michigan Advocacy Center, 16170 Red Arrow Highway, Union Pier, from 10 a.m. to noon Tuesday.

The Disability Network is the first stop for people with disabilities and their

families in Southwest Michigan. Individuals with any disability can be assisted with needed resources including support groups, independent living support, nursing facility transitions, counseling and figuring out disability paperwork. Assistive technology information and ADA information is also available.

Michigan Alliance for Families provides information, support and education to families of children and young adults with disabilities from birth to age 26. The group also helps facilitate parent involvement as a means of improving services and results for children with disabilities.

For more information, call 469-2559.

LMC student places in national competition

BENTON HARBOR — Lake Michigan College student Eli Barker of Stevensville earned honors at the Business Professionals Association National Leadership Conference in Florida in June. Barker competed in the Business Meeting Management Open Event, and was judged on his knowledge of business planning and strategy, organization and execution, and trust and transparency. He placed eighth out of

149 students who took part in the event.

A graphic design major at LMC, Barker is treasurer of the LMC chapter of the BPA, which is in its first year.

LMC business instructor and BPA chapter adviser Greg Iwaniuk accompanied Barker and two other students, Amanda Gruenberg of Stevensville and Kindra Jackson of Three Oaks, to the conference in Orlando. They attended seminars and the job fair organized by the national sponsors of the conference.

BPA is a career and technical organization for students pursuing careers in business management, office administration, information technology and related fields.

Action Agency to help with utility problems

UNION PIER — Southwest Michigan Community Action Agency will be at HELP for Southwest Michigan Advocacy Center, 16170 Red Arrow Highway, from 10 a.m. to noon Aug. 15 to assist with AEP electric disconnects and heating emergencies.

Registration for monthly or quarterly USDA food distributed from River Valley Senior Center is also available to those who financially qualify.

SMCAA brings together federal and state grant funds as well as dollars from local, private and public sources. These programs are income eligible and targeted at very specific problems.

Appointments are necessary. For more information or to make an appointment, call 334-7670, ext. 210 or 211.

Lakeland sponsors video contest

ST. JOSEPH — Southwest Michigan residents are invited to showcase their favorite exercise activity for a chance to win \$1,000 and be featured in an upcoming video for "Get Fit in the Mitt," a wellness campaign sponsored by Lakeland HealthCare.

Video submissions will be accepted through Thursday, Sept. 5. They can be submitted to getfit@lakelandregional.org; DVDs or flash drives can be mailed to "Get Fit in the Mitt," Lakeland HealthCare Marketing & Communications Department, 1234 Napier Ave., St. Joseph, MI, 49085. Mailed submissions cannot be returned.

Complete contest guidelines and past episodes of "Get Fit in the Mitt" can be viewed online at www.lakelandhealth.org/getfitinthemitt.