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~ **For Immediate Release** ~

AWAKE Support Group Hosts Physician Speaker

(ST. JOSEPH) – The AWAKE (Alert, Well, And Keeping Energetic) support group will host **Stephen Bovenkerk, DO**, of Lake Michigan Sinus and Sleep Apnea Center, for a seminar about surgical options for the treatment of obstructive sleep apnea. The event is **free** and open to community members. Light refreshments will be served. For more information or to register, contact the Lakeland Sleep Disorders and Treatment Center of Saint Joseph at (269) 934-8060 or awake@lakelandregional.org.

Wednesday, September 4

6:00 to 7:30 p.m.

Lakeland Regional Medical Center, St. Joseph
Community Room
1234 Napier Avenue, St. Joseph

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